

RYÚ

We pride ourselves on fresh fish delivered every morning and rice prepared daily following strict Japanese tradition.

Better for you, better for the environment. We serve you fish and seafood that is 100% sustainable and/or origin verified.



STARTERS 先付け

| | |
|------------------|------|
| Edamame (no GMO) | 4 |
| Miso Soup | 4 |
| Wakame Salad | 4.50 |

SASHIMI お刺身

| | |
|-------------------------------|------|
| Organic Salmon Tataki | 8.50 |
| Tuna Sashimi | 10 |
| Hamachi Jalapeno (Yellowtail) | 12 |

NIGIRI にぎり寿司

2 PIECES

| | |
|----------------------|------|
| Albacore | 6 |
| Wild Striped Bass | 6 |
| Sustainable Salmon | 6 |
| Scallop | 6.50 |
| Ryu Style Shrimp | 6.50 |
| Organic Halibut | 7 |
| Big Eye Tuna | 7 |
| Salmon Roe | 7 |
| Organic King Salmon | 7.50 |
| Hamachi (Yellowtail) | 7.50 |
| Wagyu | 13 |

SPECIALS スペシャル

WHEN AVAILABLE

| | |
|-----------------------|----|
| Uni | 14 |
| Chūtoro (2x) | 15 |
| Uni, Chūtoro | 12 |
| Uni, Toro, Salmon Roe | 14 |
| Uni, Wagyu | 15 |

MAKI 巻き寿司

HAND ROLL

CUT ROLL (8X)

| | | |
|----------------------|------|------|
| Cucumber | 5 | 6 |
| Salmon spicy + 0.50 | 6 | 8 |
| Scallop spicy + 0.50 | 6.50 | 8 |
| Tuna spicy + 0.50 | 7.50 | 8.50 |
| Hamachi (Yellowtail) | 7.50 | 8.50 |
| Toro "Fatty Tuna" | 9 | 10 |

CLASSICS クラシック


| | |
|--|-------|
| California Dream | 14 |
| Salmon tartare, crabstick, cucumber, tempura, tobiko, soy paper, spicy mayo, apricot marmalade | |
| Bio Salmon | 14.50 |
| Salmon tartare, torched salmon, nori, spicy mayo | |
| Ryu Rainbow | 15 |
| Tuna, salmon, cucumber, wakame, tempura, soy paper, rice paper, spicy mayo, basil mayo | |
| Tuna Poke | 15 |
| Tuna, crabstick, cucumber, sesame seeds, nori, spicy mayo, poke sauce | |
| Cajun Tuna | 16 |
| Tuna tartare, torched tuna tōgarashi, green onion, nori, spicy mayo | |
| Halibut | 16 |
| Halibut, wild striped bass, cucumber, nori, garlic chips, tempura, aioli, aji amarillo | |
| Wasabi Scallop | 18 |
| Scallop, tuna, cucumber, oba, nori, wasabi mayo, plum paste, ponzu | |

RYU POKE ポク

| | |
|--|----|
| Tuna | 18 |
| Sesame shoyu, wakame, cucumber, tobiko, green onion, nori, garlic chips, wasabi | |
| Salmon | 17 |
| Sansho mayo, soya papaya, edamame, masago, furikake, green onion, tempura onion, katsuo, tōgarashi | |

LUNCH

OMAKASE ランチ

| | | |
|---|--|----|
| 1 | Edamame Salmon Sashimi Striped Bass (1X) Albacore (1X) Shrimp Ryu Style (1X) Salmon (1X) Toro Cut Roll (4X) | 19 |
| 2 | Edamame Salmon Sashimi Striped Bass (1X) Halibut (1X) Albacore (2X) Hamachi (1X) Salmon (1X) Toro Cut Roll (4X) Salmon Cut Roll (4X) | 26 |
| 3 | Edamame Tuna Sashimi Striped Bass (2X) Albacore (2X) Hamachi (2X)  Salmon (2X) Shrimp Ryu Style (2X) Salmon Cut Roll (8X) Toro Cut Roll (8X) | 49 |
| 4 | Wakame Edamame Spicy Salmon Roll (4X) Tuna Poke Roll (4X) Ryu Rainbow Roll (4X) | 19 |

DINNER

OMAKASE ディナ

| | | |
|---|---|----|
| 1 | Edamame Salmon Sashimi Striped Bass (1X) Albacore (1X) Salmon (2X) Shrimp Ryu Style (1X) Toro Cut Roll (4X) Albacore Hand Roll (1X) | 24 |
| 2 | Edamame Salmon Sashimi Striped Bass (2X) Albacore (2X) Salmon (2X) Toro Cut Roll (4X) Hamachi Cut Roll (4X) | 30 |
| 3 | Edamame Tuna Sashimi Striped Bass (2X) Albacore (2X) Hamachi (2X) Salmon (2X) Shrimp Ryu Style (2X) CUT ROLLS: Tuna (4X), Salmon (8X), Toro (8X) | 57 |
| 4 | Edamame Salmon (1X) Albacore (1X) Tuna (1X) Spicy Salmon Roll (4X) Tuna Poke Roll (4X) Ryu Rainbow Roll (4X) | 24 |

DRINKS お飲物

| | | | |
|--------------------|----|-----------|---|
| Red Stripe 330 mL | 6 | Green Tea | 3 |
| Kronenbourg 330 mL | 8 | Espresso | 3 |
| Asahi 500 mL | 10 | Cappucino | 4 |
| Sapporo 650 mL | 12 | Latte | 4 |

WINE ワイン

RED 赤

| | |
|--------------------|---------|
| Cabernet Sauvignon | 9 / 48 |
| France or USA | |
| Pinot Noir | 11 / 57 |
| France or USA | |

WHITE 白

| | |
|-----------------------------|---------|
| Riesling | 9 / 47 |
| France or Germany | |
| Chardonnay | 11 / 62 |
| France | |
| Sauvignon | 11 / 60 |
| France or Italy | |
| Pinot Grigio | 9 / 45 |
| Italy | |
| Chablis 1 ^{er} Cru | 15 / 88 |
| France | |

SAKE 日本酒

| | |
|----------------------------|----|
| Hot 300 mL | 12 |
| Draft 300 mL | 19 |
| Nigori 300 mL | 19 |
| Hakushika Dai Ginjo 300 mL | 35 |
| Black & Gold 750 mL | 52 |

GLOSSARY

We only use fish and seafood that are either:

WILD CAUGHT

Minimizing ecological impact.

FARMED RESPONSIBLY

Third party verified to meet Ryu quality standards.



ORGANIC KING SALMON Fished using organic practices off the coast of British Columbia. Full, rich and pronounced flavor with a buttery, delicate texture.

BIG EYE TUNA (FISHERY IMPROVEMENT PROJECT) Fished around the Marshall Islands.

Tuna - Moderately pronounced flavor with a firm texture.
Chūtoro (medium fatty tuna) - Marbled, milky-pink meat with a rich taste and buttery texture.
Toro (fatty tuna) - Pale pink almost white meat with a texture that melts on the tongue.

ALBACORE (OCEANWISE) Fished off the coast of British Columbia. The lightest and mildest in flavor of all tunas with a very smooth texture.

WILD STRIPED BASS (OCEANWISE) Fished using hand lines off the American east coast. Moderately fat firm meat with a mild sweet flavor.

HAMACHI (FARMED RESPONSIBLY) Imported from Japan. Buttery texture with a clean, subtle flavor.

ORGANIC HALIBUT (MSC) Sustainably fished off the coast of British Columbia. Soft texture with a mild, slightly sweet flavor.

BLACK TIGER SHRIMP (RESPONSIBLY FARMED) Imported from Indonesia. Sweet and succulent, with a firm texture.

SCALLOP (OCEANWISE) Sustainably caught off the American east coast. Soft texture with a delicately mild sweet flavor.

SALMON ROE Crisp, with a slightly salty flavor.

UNI (SEA URCHIN) Sustainably fished off the American east coast. Unparalleled for its nutritional value, sensuous texture and flavor.

WAGYU (BEEF) Grass fed imported from Japan. It is a delicacy renowned for its flavor, tenderness and well-marbled texture.

Like you we care about our community, and we are proud partners of Mealshare.ca. When you order a Mealshare menu item a meal will be provided to a youth in need.



ALL OUR PACKAGING IS MADE FROM 100% RECYCLABLE OR COMPOSTABLE MATERIALS.

